

Perfect Form Physiotherapy

Easter Intensive Workshops



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All classes taken by qualified Physiotherapists



Time	Wednesday 7th	Thursday 8th	Friday 9th	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
9:00am- 11:00am	Training Turnout 1							
10:00am - 12:00pm				The Perfect Pointe Book A		The Perfect Pointe Book B		
12:00pm- 2:00pm	Advanced Foot Control						Core Stability 2	
2:00pm - 4:00pm		Core Stability 1		Training Turnout 2		Front Splits Fast		
4:00pm - 6:00pm								Advanced Foot Control

Timetable may be subject to change depending on the demand for each class. Timetable will be finalised on 24th March so book today to ensure your place.

These courses are designed to bridge the gap between Dance Physiotherapy and the work you do in class to make you a stronger, injury free, more confident dancer.

All classes will be held in our studio in the heart of North Sydney at Level 1/161 Walker St.
For more details on course content please visit our website www.perfectformphysio.com/classes

Please complete and return the form below to guarantee your space:

Name: _____ Dance School: _____ Post Code: _____
 Address: _____ Mobile Phone No: _____
 Home Phone No: _____

Easter Intensive Workshops (2 Hour Courses):

- The Perfect Pointe Book A: - \$100.00
- The Perfect Pointe Book B:- \$60.00 (no manual)
- Advanced Foot Control: -\$90.00
- Core Stability 1: -\$90.00
- Core Stability 2: -\$90.00

Training Turnout 1:- \$90.00

Training Turnout 2:- \$90.00

Front Splits Fast:- \$100.00

Training Turnout 2:- \$90.00

* All course costs include a copy of the course manual

* Please tick the courses you would like to attend

Payment Method: (please circle) Visa/MasterCard/Cheque

Card No: _____

Expiry: _____

CCV: _____

Name on Card: _____ Total Cost: _____

Please forward payment to Perfect Form Physiotherapy, Suite 904, 121 Walker St, North Sydney, NSW, 2060

Fax 02 9922 7721 Email info@perfectformphysio.com